

Rowan County 4-H Newsletter

 **Martin-Gatton**
College of Agriculture,
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University of Kentucky.

Spring 2024

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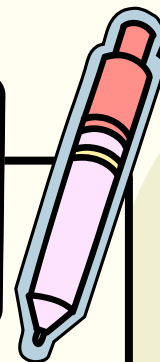
4-H Mission

Kentucky 4-H provides education and life skill development opportunities for youth to grow into confident, capable, and contributing members of their communities.

Kentucky 4-H youth are learning communication, civic engagement, and leadership skills.



4-H Pledge



I pledge my head to clearer thinking,
my heart to greater loyalty,
my hands to larger service, and
my health to better living,
for my club, my community, my
country, and my world.

Upcoming Events

register
before
May 1

Rowan County 4-H would like to invite parents and students to attend the 4-H Shooting Sports orientation and registration meeting to be held on April 8, 2024, in the Rowan County Middle School cafeteria at 6 pm for new participants and parents. Youth participants must be 9-18 years of age as of January 1, 2024.

Shooting sport disciplines that are offered are archery, black powder, pistol, rifle and shotgun. There is a \$50 registration fee if your child chooses to participate.

The KY 4-H shooting sports program aims is to teach safe and responsible use of firearms and archery equipment.

SUMMER EVENTS

Rowan County 4-H will be releasing our summer schedule for June and July activities soon. Please make sure to enroll in 4-H so you don't miss the exciting activities we are planning for the summer!

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TABLE SETTING TIPS AND GUIDELINES

Plate: The plate is placed in the center of the space. Position the plate about 1 inch from the edge of the table. Using your thumb as a ruler, that's about the space between the tip of your thumb and the first joint.

Flatware: The term used for the knives, forks and spoons is flatware. Some people refer to it as silverware but that is really only appropriate when the flatware is made out of the metal silver. Flatware is often made of stainless steel and plastic, too. Show examples.

Fork: Place the fork to the left of the plate.

Knife: Place the knife next to the plate on the right. Turn the sharper side toward the plate. Using your thumb, place it about an inch from the edge of the table.

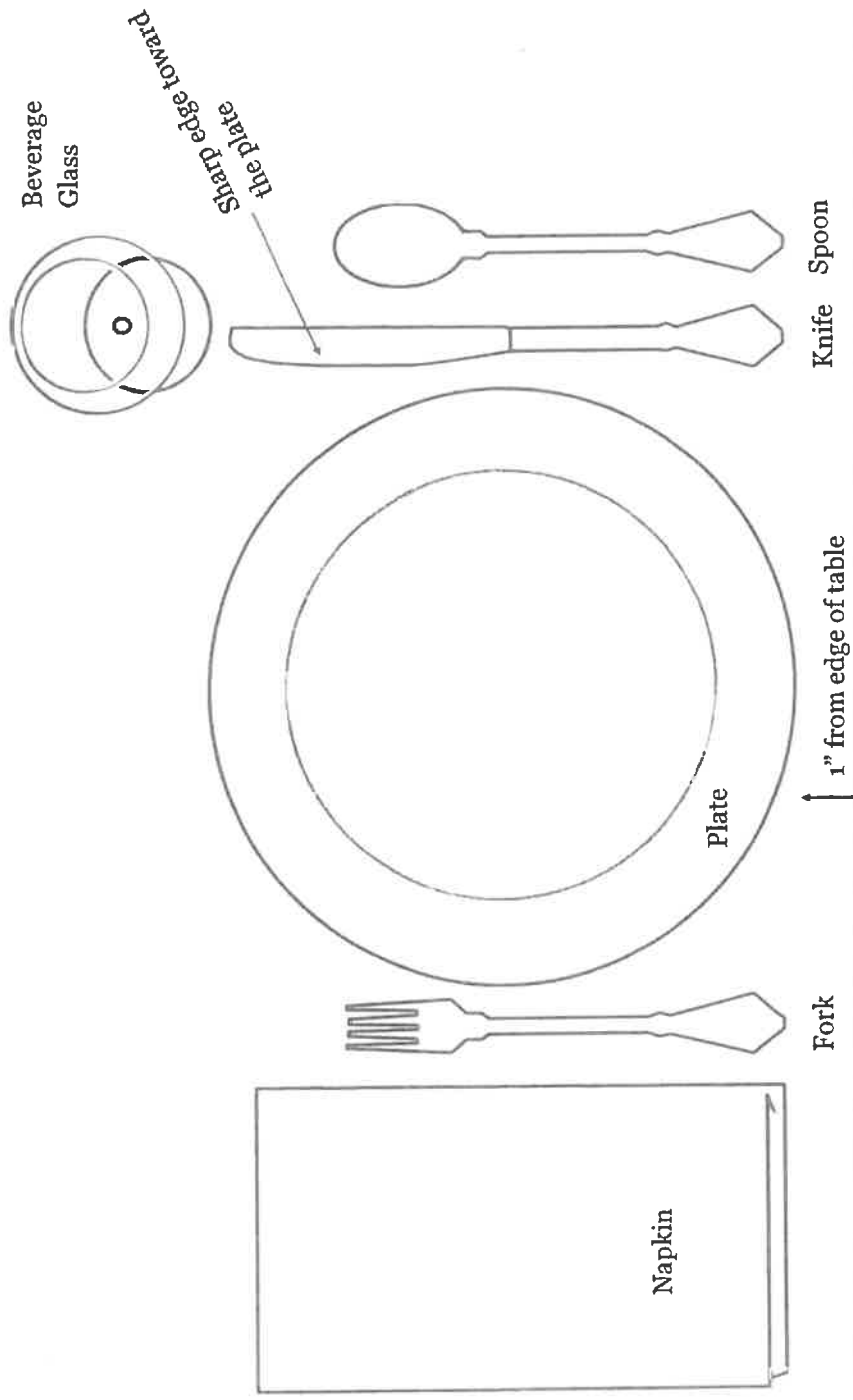
Spoon: Place the spoon to the right of the knife, about 1 inch from the edge of the table.

Beverage or drinking glass: Place the glass above the tip of the knife.

Napkin: The most logical place for the napkin is to the left of the fork; however, it is acceptable to place it at other locations. Some like to place it in the center of the plate. Some people place the napkin under the fork but then guests must move the fork in order to place the napkin in their lap before they begin to eat. At formal dinners, the napkin might even be folded in a unique way and placed at a non-traditional location.

Start practicing setting the table at home.

Basic Place Setting



MANNERS FOR THE REAL WORLD

Nice or Nosy Activity Sheet

Grades 4-12 –FCS Core Curriculum

Are Your Nice or Nosy?

It is important to ask questions to break the ice when you meet someone new. However, some questions are not polite to ask, especially if you don't know that person really well.

Take the quiz below by placing an X by the questions that are nosy. Answers are below

1. _____ How long have you been playing sports?
2. _____ How much do you weigh?
3. _____ Do you have a pet?
4. _____ Have you always lived here?
5. _____ What do your parents do for a living?
6. _____ How much money does your dad make?
7. _____ Why do you talk funny?
8. _____ How did you get that scar?
9. _____ Have you ever been to Disney World?
10. _____ How much did your house cost?
11. _____ May I see the inside of your house?
12. _____ Why do you smell so bad?
13. _____ Is it true that your uncle is in jail?
14. _____ What is your favorite subject in school?
15. _____ Why did your parents get divorced?
16. _____ How come you don't have an X-box III?
17. _____ Why did you get held back last year?
18. _____ Do you have an older brother?
19. _____ Do you like to scrapbook?
20. _____ What is your favorite TV show?

Adapted from:

Kent, Heather. C. & Brinkley, Monica. L. (n.d.) *Manners for the real world curriculum project*. University of Florida IFAS Extension., Retrieved August 28, 2012 from <http://nwdistrict.ifas.ufl.edu/4H/Manners/manners.htm>

With the authors' permission, this lesson plan was adapted for use in Kentucky 4-H by Melissa Goodman. 11-2013

Numbers: 2, 6, 7, 8, 10, 11, 12, 13, 15, 16, 17
 Answers to the questions that are nosy:



MANNERS FOR THE REAL WORLD

Meeting and Greeting Grades 4-12 FCS Core Curriculum

Intro to Introductions

Conversations are always more fun if everyone knows each other. Have you ever been in a room where you didn't know anyone? Did you feel weird or left out because no one introduced you? It is fun to meet new people, but it's even better when someone introduces you!

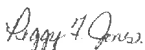
When making an introduction.

- Whose name do you say first? Here are some guidelines.
 - *Consider position or importance. It is polite to say the name of the person of importance or person whom you wish to honor first. For example: "Mayor Brown, I would like to introduce you to my next door neighbor, Fred Williams." Introduce your teacher to your parents like this, "Mrs. Turner, I would like you to meet my parents, Joe and Karen Smith."*
 - *Introduce an older person to a younger person or adult to a child. For example, "Grandpa Jones, I'd like you to meet my friend, Susan Wallace."*
 - *Gender – introduce women to men and girls to boys. That means you say the girl's name first. For example: "Jane, this is my friend John. He lives next door." "Mrs. Smith, this is my sister, Jane."*
- When making an introduction, make eye contact with the person whose name you say first, then as you say the name of the second person, look toward him or her.
- When introducing someone, it is nice to add something to help the people get to know each other better. For example: Peter, this is Stephen. Stephen is in my homeroom and we play basketball together."
- Introductions often lead into a conversation. When you meet someone, conversation can be hard. You can "break-the-ice" by asking polite questions, such as:

◇Where do you go to school?
◇Do you like animals?
◇What are your hobbies?

◇Which 4-H Club are you in?
◇ Do you have brothers or sisters?
◇ What grade are you in?

- If no one introduces you, then it is perfectly okay to introduce yourself. Just remember to smile and say "Hi, my name is _____". What's your name? Source: ~copied~



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